

Little Miami High School Lunch Menu 2016-2017

Main Line Lunch \$2.60 or *\$3.10

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Biscuit & Gravy Assorted Fruit 100% Fruit Juice Choice Milk Choice	Sausage & Egg Biscuit Assorted Fruit 100% Fruit Juice Choice Milk Choice	Egg, Canadian Bacon & Cheese Muffin Sandwich Assorted Fruit 100% Fruit Juice Choice Milk Choice	Donut Day!! Assorted Fruit 100% Fruit Juice Choice Milk Choice	Funnel Cake Day Assorted Fruit 100% Fruit Juice Choice Milk Choice
Week A	Chicken Tenders w/ Roll Mashed Potatoes & Gravy Seasoned Corn Assorted Fruit Milk Choice	Taco Supreme Rice and Refried Beans Shredded Lettuce Sliced Carrots Assorted Fruit Milk Choice	Chili Cheese Coney Baked Beans Broccoli Salad Assorted Fruit Milk Choice	Spaghetti and Meat Sauce Garlic Toast Veggie Blend Side Salad Assorted Fruit Milk Choice	Cheesy Breadsticks Green Beans Sweet Potato Fries Assorted Fruit Milk Choice
Week B	Chicken Fettuccine Alfredo Breadstick Caesar Side Salad Sliced Carrots Assorted Fruit Milk Choice	BBQ Pulled Pork Sandwich Seasoned Corn Cole Slaw Assorted Fruit Milk Choice	Asian Chicken over Rice Stir Fry Veggies Green Peas Assorted Fruit Milk Choice	Chicken BLT Wrap Sandwich Vegetable Soup Broccoli Assorted Fruit Milk Choice	Bacon Cheeseburger Baked Beans Sweet Potato Fries Assorted Fruit Milk Choice FUSIAN FRIDAY
Week C	Boneless Chicken Wings w/ roll Celery Sticks Sliced Carrots Assorted Fruit Milk Choice	Mozzarella Cheese Sticks Pizza Dipping Sauce Garlic Bread Green Beans & Side Salad Assorted Fruit Milk Choice	*Panther Popcorn Bowl Biscuit Mashed Potatoes w/ Gravy Seasoned Corn Assorted Fruit Milk Choice	Double Meat Burger Broccoli Sweet Potato Fries Assorted Fruit Milk Choice DOMINOS PIZZA DAY	Chicken Quesadilla Refried Beans California Blend Veggies Assorted Fruit Milk Choice FUSIAN FRIDAY
Week D	Grilled Cheese on TX Toast Tomato Soup Green Beans Assorted Fruit Milk Choice	Beef Pepperoni Calzone Pizza Sauce Caesar Side Salad Broccoli Assorted Fruit Milk Choice	Deluxe Chicken Sandwich Baked Beans Sliced Carrots Assorted Fruit Milk Choice	*Build your Burrito Day Rice & Beans Lettuce, Tomato, & Salsa Corn Salsa Assorted Fruit Milk Choice	Cincy Chili 3-Way or 4-Way Oyster Crackers Kidney Beans Seasoned Corn Assorted Fruit Milk Choice FUSIAN FRIDAY

Offered Daily

Breakfast Entrée Choices – Meals \$1.65 or \$1.90

Many entrée choices are available daily like Pancakes, Waffles, French Toast, Yogurt Parfait, Bagel with Cream Cheese, Pop Tarts, Muffins & Cereal Bars with Graham Crackers. Hot Gourmet Coffee - \$1.50!! Assorted Fruit and 100% Fruit Juice are offered daily. \$1.90 breakfast meal comes with a large juice.

Made to Order Deli Sandwiches \$3.60 and Made to Order Deli Salads \$2.60

Choice of Bread: Fresh Baked Wheat Sub, Flatbread, Hoagie Bun or Wrap. Choice of Meat: Turkey, Ham, Salami, Cheese, and Bacon. Top with lots of fresh veggies and condiments options – SERVED HOT OR COLD. Comes with your choice of fruit and vegetable sides (excluding french fries). Salads come with Croutons and/or Breadstick. Choice of milk come with Made To Order meals.

Fresh blend of Romaine and Iceberg lettuces topped with your choice fresh tomatoes, cucumbers, carrots, broccoli, bell peppers, garbanzo beans, spinach, and other seasonal vegetables. Choice of Meat: Popcorn Chicken, Turkey Breast, Diced Ham & Cheddar Cheese. Served with croutons and/or a breadstick.

Large Boxed Fresh Deli Sandwiches \$3.60

Fresh Made Deli Sandwich or Wrap including fruit and vegetable sides and choice of milk.

Spicy Chicken Wrap, Turkey & Cheese Wrap, Tuna Salad, and more options. Check the case every day!!

Additional Daily Hot Meals \$2.60 – Dominos & FUSIAN Sushi (selected days)

Additional daily choices are Cheese Burger, Hamburger, Breaded Chicken Sandwich, Spicy Breaded Chicken Sandwich and Pizza are offered as a meal with fruit, vegetables sides, and choice of milk. Dominos Pizza meal is \$2.60, additional slices are \$2.10. FUSIAN SUSHI (all fully cooked) is offered on Fridays for \$6.75 for a 10 pc roll or \$7.50 for a roll and bottle of water – a la carte only – FUSIAN Sushi is not part of a meal.

FRENCH FRIES \$1.00

French Fries will be offered a la carte with the purchase of a meal. Fries are no longer included in any meal, a meal must be purchased to buy fries.

USDA is an equal opportunity employers and provider.

August	September	October	November	December	January	February	March	April	May
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A 7 8 9 10 11 12 13	A 4 5 6 7 8 9 10	B 9 10 11 12 13 14 15	B 6 7 8 9 10 11 12	B 4 5 6 7 8 9 10	C 8 9 10 11 12 13 14	C 5 6 7 8 9 10 11	C 5 6 7 8 9 10 11	D 9 10 11 12 13 14 15	D 7 8 9 10 11 12 13
B 14 15 16 17 18 19 20	B 11 12 13 14 15 16 17	C 16 17 18 19 20 21 22	C 13 14 15 16 17 18 19	C 11 12 13 14 15 16 17	D 15 16 17 18 19 20 21	D 12 13 14 15 16 17 18	D 12 13 14 15 16 17 18	A 16 17 18 19 20 21 22	A 14 15 16 17 18 19 20
C 21 22 23 24 25 26 27	C 18 19 20 21 22 23 24	C 23 24 25 26 27 28 29	D 20 21 22 23 24 25 26	D 18 19 20 21 22 23 24	A 22 23 24 25 26 27 28	A 19 20 21 22 23 24 25	A 19 20 21 22 23 24 25	B 23 24 25 26 27 28 29	B 21 22 23 24 25 26 27
D 28 29 30 31	D 25 26 27 28 29 30 1	A 30 31	A 27 28 29 30	A 25 26 27 28 29 30 31	B 29 30 31	B 26 27 28	B 26 27 28 29 30 31 1	C 30	28 29 30